


J A D E

Magazine

a fresh perspective for Asian women

A portrait of Shabana Rehman, a woman with long, dark, wavy hair, wearing a dark top. She is smiling slightly and has her hands clasped under her chin. The background is a solid dark red color.

Shabana Rehman:

A Muslim Woman Tickles Norway's Funny Bone

Soft Skin During Harsh Weather

By the JADE Magazine staff

This winter has turned out to be much nastier for many of us. The brutal cold along with the dry heat wreaks havoc on our skin. And since we spend most of our time inside, we end up pasty and flaky. Not a good look. We decided to check out some products to see if there was anyway, short of moving to a warmer clime, we could combat the nasty side effect of winter and here's what we found:



Artemis Woman Healing Gems Microdermabrasion System

This DIY set comes with a battery-powered microdermabrasion unit, 5 attachments (a brush, a sponge, a massage attachment and two pore extractors), and five 1 Oz. jars of their Gemstone Facial Scrubs.

While the unit itself didn't wow our user as the brush and sponge attachments didn't seem to be any more effective than using a regular facial brush or sponge, the scrubs were great, especially if you have very dry skin. Made with ground gemstones and essential oils, each one was created to "complement one of the 7 chakras." The scrubs leaves your skin soft and smooth. Just note that if your skin is prone to break-outs, you might want to finish up w/a toner to remove any remaining oils.

Available at www.artemiswoman.com or at [Ulta](#) stores. The scrubs are also available separately.

Ceramide Milk Moisturizer

Although this milky moisturizer looks too light to do much good on dry skin, DHC's Ceramide Milk actually works wonderfully to hydrate and smooth your skin. It's also supposed to help ward off the visible signs of aging. And our users liked that since it was so light, they could use it under their make-up without feeling like they we wearing a mask.



Available at www.dhccare.com.



Kiss My Face Organic So Refined Jojoba & Mint Scrub

Organic Jojoba beads make this minty scrub the perfect

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