

# valley

magazine

## discoveries

### GET THAT GODDESS GLOW

Just as gemstones will glow when polished, so, too, will a woman's complexion—that is, if she uses Healing Gems Microdermabrasion System. This at-home spa kit combines the restorative properties of precious gemstones with the therapeutic powers of aromatherapy. The kit contains a battery-operated exfoliation and deep-pore cleansing device that operates at two speeds with five interchangeable attachments (sponge and brush exfoliator, small and large pore cleanser and facial massage finisher). Five 1-ounce jars contain finely ground gemstones and natural sugar crystals with mica minerals that can be used alone or in various combinations, to stimulate the senses and balance chakras (emotions). Choose from amethyst (spirit), clear quartz (energy), tourmaline (balance), rose quartz (sensuality) and topaz (power). The scrubs, which are also sold individually, can be used with or without the exfoliation device. The kit has a suggested retail price of \$79.99; the individual scrubs retail for \$19.99 at Ulta locations, department stores, natural product outlets and spas, at [www.artemiswoman.com](http://www.artemiswoman.com) or (877) 212-1560.



## On the Home Front

From real estate news to design advice, our annual Home & Remodeling guide delivers nuts and bolts information for Valley homeowners.

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June 2004

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With a new film in the theaters and "Friends" coming to an end, this comedic star gets ready for a new chapter of life.